



USER GUIDE



FOOT & ANKLE FOR JOINT INJECTION

30100

FOR MORE SKILLS TRAINING PRODUCTS VISIT

limbsandthings.com

Foot & Ankle for Joint Injection

30100

Skills

- Patient posture and management
- Palpation techniques
- Identifying anatomical landmarks
- Injection sites for:
 - metatarsophalangeal (MTP) joint
 - Morton's neuroma
 - tarsal tunnel
 - plantar fascia
 - sinus tarsi
 - retrocalcaneal bursa
 - tibiotalar joint
 - subtalar joint

Features

- Latex free
- Represents normal anatomy as required for palpation purposes
- Easy-to-use Feedback Console: LEDs light up when correct injection sites have been acquired

Package supplied

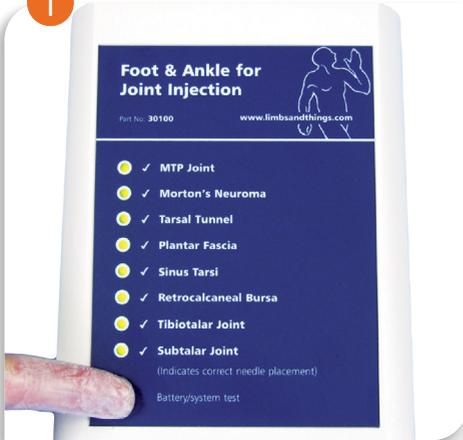
- **30095** Foot & Ankle Needle Set
- **30101** Foot & Ankle Skin
- **70102** Foot & Ankle Musculature
- Foot & Ankle base anatomy
- Feedback Console with batteries
- Carry case

Safety instructions

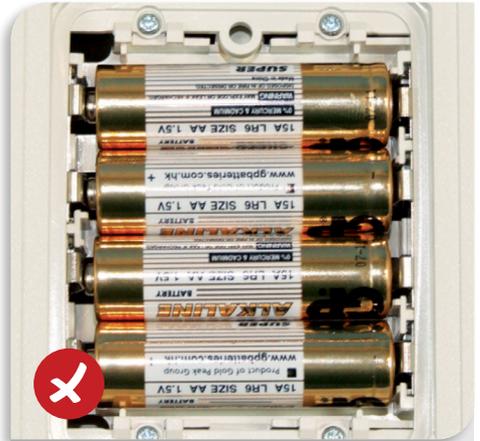
- The product must be used indoors
- The product is not a toy and must not be used by children or untrained staff
- The product must be used by appropriately trained adults only

Battery test procedure

1



Before connecting any electrical leads, firmly press the 'Battery/system test' button on the front panel of the Feedback Console. All the lights should illuminate



If they do not: check that there are batteries inserted (4x 1.5v AA/ LR6/ AM3/ MN1500). Alkaline batteries are recommended. Observe any safety information printed on the batteries



If batteries are inserted make sure they are the correct way round



A polarity diagram is moulded into the plastic underneath the batteries.

If the batteries are inserted correctly and the lights still do not illuminate, remove them and insert batteries that are known to be working

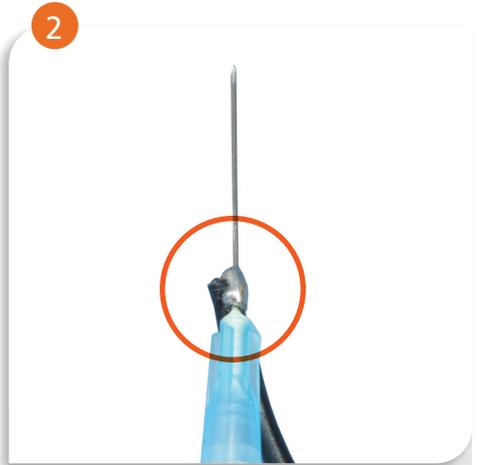
If the Console fails to work after carrying out this recommended procedure, it has probably developed a fault and should be returned.

NOTE: Batteries should be removed from the Feedback Console if the product is not being used for an extended period of time.

Connecting the leads



Having satisfied out the Battery Test Procedure, ensure that the lead running from the model is plugged into the black socket at the back of the Feedback Console



Ensure that the electrical contact is securely attached to the needle on the syringe



Ensure the lead running from the syringe is plugged into the circular socket at the back of the Feedback Console

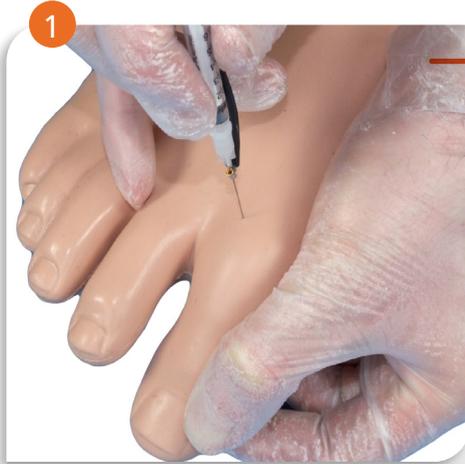


Press the 'Battery/system test' button at the bottom of the front panel of the Feedback Console. All the lights should illuminate

Should the lights fail to come on, disconnect and reconnect the leads at the back of the Feedback Console. If the lights do not illuminate after doing this then the model has probably developed a fault and should be returned.

Simulation of injection

Before use, check that the needle is not blocked and that the tip of the needle is sharp and straight.
Blunt or hooked needles may tear the skin or prevent correct electrical contact



- MTP Joint
- Morton's Neuroma
- Tarsal Tunnel
- Plantar Fascia
- Sinus Tarsi
- Retrocalcaneal Bursa
- Tibiotalar Joint
- Subtalar Joint

MTP Joint

When the needle enters the correct injection site, a green light will illuminate.
Correct injection technique can then be taught



- MTP Joint
- Morton's Neuroma
- Tarsal Tunnel
- Plantar Fascia
- Sinus Tarsi
- Retrocalcaneal Bursa
- Tibiotalar Joint
- Subtalar Joint

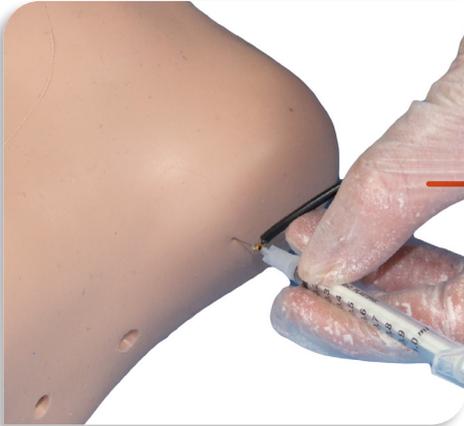
Morton's Neuroma

We recommend wearing gloves when using this product, especially when handling the skin.
See 'Care of Products'

Other injections



- ✓ MTP Joint
- ✓ Morton's Neuroma
- ✓ Tarsal Tunnel
- ✓ Plantar Fascia
- ✓ Sinus Tarsi
- ✓ Retrocalcaneal Bursa
- ✓ Tibiotalar Joint
- ✓ Subtalar Joint



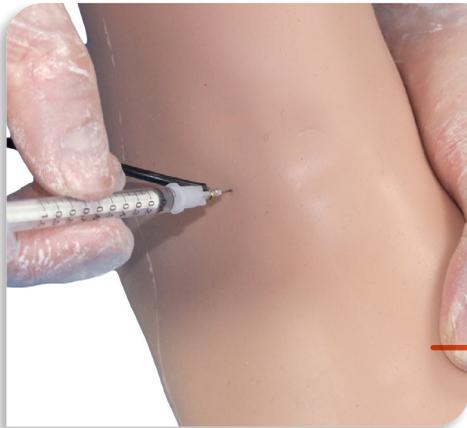
- ✓ MTP Joint
- ✓ Morton's Neuroma
- ✓ Tarsal Tunnel
- ✓ Plantar Fascia
- ✓ Sinus Tarsi
- ✓ Retrocalcaneal Bursa
- ✓ Tibiotalar Joint
- ✓ Subtalar Joint



- ✓ MTP Joint
- ✓ Morton's Neuroma
- ✓ Tarsal Tunnel
- ✓ Plantar Fascia
- ✓ Sinus Tarsi
- ✓ Retrocalcaneal Bursa
- ✓ Tibiotalar Joint
- ✓ Subtalar Joint



- ✓ MTP Joint
- ✓ Morton's Neuroma
- ✓ Tarsal Tunnel
- ✓ Plantar Fascia
- ✓ Sinus Tarsi
- ✓ Retrocalcaneal Bursa
- ✓ Tibiotalar Joint
- ✓ Subtalar Joint



- ✓ MTP Joint
- ✓ Morton's Neuroma
- ✓ Tarsal Tunnel
- ✓ Plantar Fascia
- ✓ Sinus Tarsi
- ✓ Retrocalcaneal Bursa
- ✓ Tibiotalar Joint
- ✓ Subtalar Joint



- ✓ MTP Joint
- ✓ Morton's Neuroma
- ✓ Tarsal Tunnel
- ✓ Plantar Fascia
- ✓ Sinus Tarsi
- ✓ Retrocalcaneal Bursa
- ✓ Tibiotalar Joint
- ✓ Subtalar Joint

OTHER PRODUCTS IN OUR JOINT INJECTION RANGE

SHOULDER INJECTION TRAINER RANGE

PALPATION GUIDED

70200

70219



ULTRASOUND GUIDED

70202

70221



KNEE ASPIRATION & INJECTION TRAINER WITH ULTRASOUND CAPABILITIES

70103

70114



HAND & WRIST INJECTION TRAINER

70230



ELBOW FOR JOINT INJECTION

30080

